

2013 YEAR IN REVIEW

\$1.9 MILLION DONATION

phi·lan·thro·pist

noun: 1. a person who seeks to promote the welfare of others, esp. by the generous donation of money to good causes.

It's gratifying and an honor to help raise funds and support for St. Mary's Medical Center. Donor gifts of any size usually involve a chain of very personal interactions among the patients and their families with physicians, nurses, and hospital staff. Through the years, the Foundation has seen many heartening stories, but there are always pleasant surprises. Recently, St. Mary's received a \$1.9 million bequest from Mrs. Martha

Suzuki, who was not a patient of the hospital.

From the 1960s to the early 1990s, the Takahashi retail stores and national wholesale business were known for high-end, fashionable Japanese imports. In San Francisco, there was a large very trendy store in Ghirardelli Square and the wholesale operation was housed in a brick building where the family name can still be seen in the city skyline. The

founders were Henri and Tami (Tomoye) Takahashi. Tami's sister Martha and her husband Risaburo Suzuki managed the large import business.

Before WWII, the two sisters grew up a few blocks from St. Mary's. Their father was a successful businessman and owned one of the first cars in San Francisco. He would drive the girls everywhere. Although Martha was known as an astute businesswoman and investor, she was also a collector and admirer of Japanese culture and art. She had a great passion for purchasing unusual cars. Martha often claimed that she inherited this passion from her father. Throughout her life, Martha owned just about every collector car available. Her last was a limited model BMW that took five years to build and could go up to 180 miles per hour. Just a few months prior to her passing, she still loved to drive her car 90 to 100 miles down the freeway.

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Doctor's Day Top Honored Physicians Of St. Mary's (2009-2013)

Dr. Remo L. Morelli



Dr. Francis Charlton, Jr.

Dr. Kenneth J. Mills



Dr. Richard A. Podolin

Dr. Gerald F. Murphy



Dr. William McGann

Dr. Charles P. Allison



Dr. John I. Umekubo

Dr. Pamela P. Lewis



Read more about how to honor your physician on page 3.

STOP BY THE FOUNDATION TODAY!

In 2013, the Foundation teamed up with Corduro, a service made for quick and easy processing of credit cards.

With one quick swipe, we can accept your credit cards without the hassle of collecting and writing down all your information.

If you are ever in the hospital or want to stop by to talk to us, we will offer one free parking validation with every donation.

We look forward to seeing you!

Foundation Golf Roundup

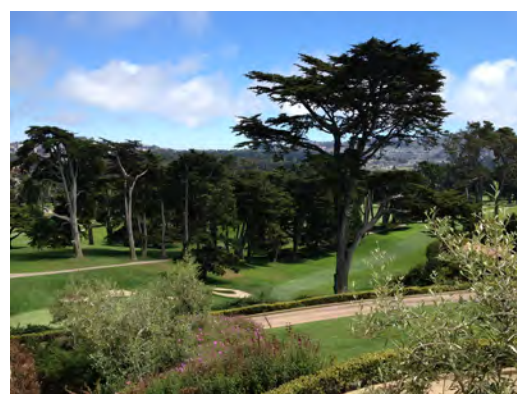
What a year! What a place! What a cause! Completing our 34th tournament at the Olympic Club was exciting and productive. Once again, Dr. Robert Murray led the stellar and passionate Golf Committee as they raised \$250,000 in support of medical care for the sick and needy.

Major donors Maurice Kanbar and Blue Angel Vodka, Clarence Mou and COUP D'ETAT, and Arroyo Grande Community Hospital Foundation were the leaders of more than 50 generous patrons and sponsors. Over 190 golfers filled three courses and marveled at the beauty and sometimes brutal Lake Course.

The KNBR team of Lee Hammer and Brian Murphy

made the afternoon festivities a brilliant fundraising extravaganza. Signed baseballs from superstars Tim Lincecum, Buster Posey, Willie McCovey, and Willie Mays; a lunch with bon vivants Willie Brown and Lloyd Dean; and Bruce Bauer's Tahoe cabin all highlighted the auction. St. Mary's Foundation Board member Patrick McKenna could not resist bidding and winning the luminary baseballs and lunch with the VIPs.

In the early morning fog, our favorite bagpiper John Carlin and SF Giants team mascot, Lou Seal, greeted golfers as they registered and took part in the clinics with PGA golf pros Roger DeSouza and Raymond



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THE YEAR IN REVIEW

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MESSAGE FROM ANNA CHEUNG, HOSPITAL PRESIDENT



With the start of the Affordable Care Act, many pundits have called this the Year of the Patient. We agree, but at St. Mary’s we devote every day to providing our patients with the highest quality care. Quite simply, it is the reason for our existence and at the heart of everything we do. We have built our reputation on compassionate care, which has been our daily mission for over 150 years. Patient experience is such a priority to us that it is the focus of our daily leadership rounding. This allows everyone in our management team to speak to patients directly, to connect and ensure that our patients have a voice in their healing process. This has been positive for everyone and gratifying for me personally, to hear from patients firsthand how appreciative they are for our caring staff and physicians.

I am also pleased to announce that St. Mary’s has received the 2014 HealthGrades Distinguished Hospital Award for Clinical Excellence. This award represents only 5% of hospitals nationally and includes facilities that have exhibited comprehensive and consistent quality across a range of conditions and procedures. HealthGrades is a leading online research tool for consumers and physicians. This exciting news came to us on the heels of an “A” letter grade from Leapfrog for Hospital Safety. And just this month, our orthopaedic program was named one of the 100 Top Orthopaedic Programs in the country by Becker’s Hospital Review. We are proud to be recognized for these achievements in quality, safety and excellence, but it is the commitment to our patients from our dedicated staff and physicians that make our Year of the Patient one that will never go out of style.

2013 REFLECTION: CHARLES HIGUERAS, FOUNDATION BOARD CHAIR



As we turn the page on 2013, we have the opportunity to reflect on the year as a whole and the obligation to look forward to what we wish to accomplish in 2014.

Highlights in 2013 included:

- The completion of the Sister Diane Grassilli Center for Women’s Health
- Funding the integration of an Electronic Medical Records (EMR) system into the Sister Mary Philippa Clinic
- Raising over \$250,000 in our 34th Annual Golf Classic for needy patients

The Foundation Board’s activities in 2014 will be informed by insights earned from a hospital strategic planning session in January, that we expect will lead us towards the next specific, significant fundraising initiative to enhance the patient experience at St. Mary’s.

In order to address our charge as we seek to undertake such a special initiative, we rely on the unique skills of our board to aid and abet foundation staff. I am pleased that in addition to our current exemplary board members, we welcome the new Auxiliary President **Arlene Fife** (article on page 4) as well as our nominated candidates:

Pam Treadway:

Pam is a grateful patient of St. Mary’s. Founder and Managing Director of Moon and Stars Consulting Group, she has multi-industry expertise in direct marketing, brand management and strategy, Customer Relationship Marketing (CRM), online and social advertising, research and product development. With her experience in building and managing strategic marketing functions in consumer packaged goods, banking, financial services and health care for Fortune 200 companies and her personal relationship with the hospital, we can’t wait to have her join our Foundation family.

Dr. John Umekubo:

John is an internal medicine private practitioner. He has a long and exceptional relationship with St. Mary’s: graduated from the Internal Medicine Residency Program, primarily practices at the hospital, former Chief of Staff, and has served on many committees and initiatives. For many years, John has worked closely with the Foundation staff. He has referred grateful patients, facilitated and attended donor meetings, and served as a co-chair of the Physicians’ Capital Campaign committee. He has directly assisted in raising over \$2M from grateful patients and raised over \$500,000 for the Physician Campaign.

I am very excited about the strength of our board in 2014. I hope that you will join us in continuing to support St. Mary’s unique value propositions as it proceeds into its second century in service to our community. God bless you and yours in 2014 and beyond.

Thanking Our St. Mary's Physicians



in letters and notes from donors who wanted nothing more than to recognize the exceptional care and connection they felt with their physician. It was evident that these physicians deserved a long overdue thank you.

The celebration was held on June 5, 2013, with honored physicians and donors that contributed to Doctor's Day. To give extra recognition to the top three honored physicians, the Foundation presented Doctors Remo Morelli, Francis Charlton, Jr., and

Kenneth Mills with gifts.

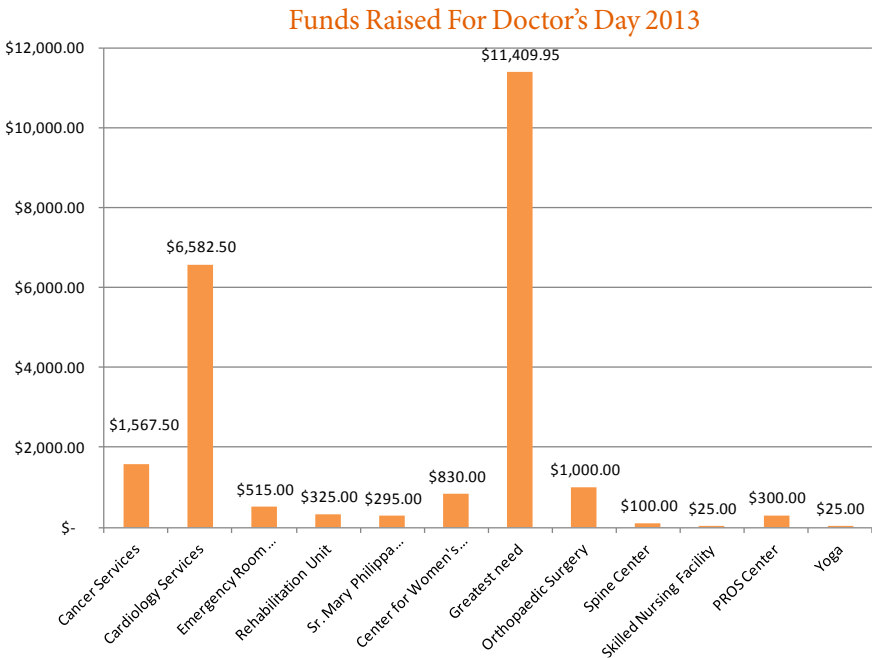
Within the physicians' speeches, it was wonderful to hear that St. Mary's has a special place in each of their hearts. After years of practice in various locations and hospitals, all three physicians felt that St. Mary's was their home.

With such a successful year for Doctor's Day 2013, we hope to have another flourishing celebration for 2014.



In 2013, the Foundation celebrated its first Doctor's Day Event. After years of donations and contributions, we sought to find physicians that have dedicated their lives to caring and treating their patients so that we could thank them for their years of service.

In the past five years alone, an astounding \$123,000 in donations from over 1,000 donors has been raised in honor of St. Mary's physicians. An outpour of love and support could be seen



Center for Women's Health Moves into Phase II With a Generous Gift



Tomotherapy Machine purchased by Fred Ruhland for the Center for Women's Health

Our refurbishment of the Sister Diane Grassilli Center for Women's Health and the installation of the new digital mammography unit in Phase I was a success! We were recognized as a Breast Center of Excellence by The American College of Radiology, which is also a tremendous honor. Raising the first \$750,000 was a very strong beginning, but we knew we had much more to do.

Just a few months into our plans for Phase II, two very generous donors stepped forward, and we were launched ahead with a gift of \$617,320. Fred Ruhland, the husband of our late board member Jena Ruhland,

and an anonymous friend of Fred's, donated the funds that have allowed us to purchase new Breast Digital Mammography with Tomosynthesis and Whole Breast Ultrasound machines. This new technology will detect breast cancers at a smaller size, especially in women with dense breasts.

Fred said he wanted to make this investment in St. Mary's for a number of reasons:

"I wanted to honor Jena by helping future patients of St. Mary's in a very tangible way. Jena knew this technology was just around the corner and had hoped that it would be a part of the detection, diagnosis and care that St. Mary's could provide for the women who come to the Center. My second reason for supporting this effort was to give St. Mary's a 'leg up' in technology in the San Francisco medical community. I wanted state-of-the-art equipment to match the great care that Jena received during her time at St. Mary's."

Medical Director for the Center, Dr. Pamela Lewis stated, "We are thrilled with this new technology. At the present time, we are the only hospital in San Fran-



Fred Ruhland

cisco to earn accreditation for ultrasound. We're also working on our accreditation as a National Certified Breast Program, which is very difficult to achieve. Only a few places around the nation are nationally accredited."

The St. Mary's Medical Center Foundation is grateful and filled with appreciation for Fred Ruhland's leadership and willingness to support our Center for Women's Health with such a generous donation.

\$1.9 Million Donation

Continued from page 1

The sisters became widowed a number of years ago and were very close. They lived in the same retirement building and were visited often by the Foundation staff. Tami was a St. Mary’s patient and Martha was not. But, any solicitations and discussions about the gifts were done with Martha because she handled all the family business. When we would unsuccessfully solicit large gifts, which was often, she would smile and simply say, “don’t worry, I grew up down the block from St. Mary’s and always think of it as my hospital.”

Like any good fundraisers, we kept asking and she kept smiling.

In early 2012, Martha peacefully passed away and we were notified of her extremely generous gift in support of cardiology. We now realize that she was giving us an all-knowing and very modest smile -- she knew all along that her gift to St. Mary’s would be one of our largest gifts in decades.

In addition to supporting St. Mary’s, she helped establish the Henri & Tomoye Takahashi Charitable Foundation. With her sister, they have changed and improved the lives of thousands of people. She always believed that it is not about how much money you have, but rather what you can do to make a difference in people’s lives. In 2010, Martha was awarded the Order of the Rising Sun, Gold and Silver Rays from the Government of Japan for her contribution toward improving U.S. - Japan relations. Martha is survived by her sister Tomoye Tami Takahashi, her niece Masako Takahashi, nephew Norman Takahashi, and sister-in-law Setsuko Suzuki of Tokyo, Japan.

Foundation Raffle a Success!

2013 marked one of the Foundation’s most successful raffles to date with 495 gifts raising over \$18,000 in support of the SMMC McAuley Institute for Adolescent Psychiatric Treatment.

With such a great response from our supporters, the McAuley Institute will now be able to provide additional support for classroom supplies, calming tools, and therapeutic care.



In conjunction with various grants and donations (special thanks to the Annunziata Sanguinetti Foundation) the McAuley Institute has been approved for a music therapist to work with students 12 hours a week. Through music therapy they can build creative and essential skills to thrive inside and outside of the classroom. In addition to art supplies and building skills, new computers will be added to further their learning.

Foundation Golf Roundup

Continued from page 1



Golf players line up to bid on the Silent Auction!

Briggs. The Giants had a large presence throughout the tournament--Jason Pearl and his players gave their best shot at winning the Lake Course; and Dr. Bob Murray, a team physician, graced our auction with an autographed World Series poster.

Barely recovered from our 2013 event, we are already planning our Monday, August 25, 2014 tournament. We gratefully thank and acknowledge the Olympic Club Board of Directors for granting us the privilege of having our 35th annual tourney at the fabled club.

Once again, we will have discounted early bird specials. So, there is plenty of time to sign-up for

a spectacular day of exclusive world-class golf and support the mission of St. Mary’s.

2013 Golf Committee

- Dr. Robert Murray, Chair
Robert Besozzi
Dr. Robert Deitz
Dub Dorsett
Don Endo
Lee Hammer
Sr. Mary Kilgariff, RSM
Dr. Gene Kim
Dr. Kevin Man
Patrick McKenna
Scott Montgomery
Herb Myers
Mary Rotunno
Sal Vaccaro
Chris Young

Contact Margine Sako at the Foundation for more information, 415-750-5790, margine.sako@dignityhealth.org

St. Mary’s Auxiliary Welcomes New President



Arlene Ruggiero Fife became the 50th president of the St. Mary’s Auxiliary this January. Arlene first began her association with St. Mary’s Medical Center as a volunteer when she was a student at Mercy High School, San Francisco. Arlene remembered her early days, “I volunteered in the clinic in the old hospital with Sister Mary Concepta. Sister gave me my first paying summer job where I earned \$1 an hour!!! One of the tasks that Loisann and I had during the summer was to line the draws of the brand new McAuley Adolescent facility.” Arlene didn’t pursue a career in the medical field instead

she became an elementary school teacher and a school principal.

Since 1922, the Auxiliary of St. Mary’s Medical Center has promoted the welfare of the Medical Center through their activities and fundraisers. In addition to the many friends introduced to St. Mary’s, the Auxiliary has provided over \$6,500,000 for hospital improvements and new medical equipment.

Contributions in the past four years have included:

- \$250,000 for the new Cancer Center
- \$100,000 for the Women’s Health Center
- \$50,000 for the Vascular Suite in the Cardiac Cath Lab
- \$10,500 for the refurbishment of the Chapel
- \$50,000 to the Coffee Kiosk in the Hospital Lobby

The Annual Holiday Boutique in years past has provided funds for patient care such as: blanket warmers for the Acute Rehab patients and surgery, wheelchairs for the Therapy Unit, and funds for the Sister Mary Philippa Clinic and the McAuley Adolescent Psychiatric Inpatient programs.



L to R: Louise Rolfes McGuinn, Loisann Montgomery Kelsey (niece of Sister Alice Montgomery RSM) and Arlene Ruggiero Fife.

The Auxiliary of St. Mary’s Medical Center warmly welcomes new members who would like to become involved. If you are interested in joining, please call the Foundation office at 415.750.5790.

St. Mary's Receives Distinguished Hospital Award from Healthgrades

Healthgrades has recognized St. Mary's with the Distinguished Hospital Award for Clinical Excellence. This means that St. Mary's is among the top 5 percent of hospitals in the nation when it comes to clinical care. Hospitals receiving this award demonstrated better than expected quality care. This translates to a lower likelihood of complications or morbidity among the 19 common conditions and procedures measured by Healthgrades.

As a recipient of this award, St. Mary's stands out among hospitals for overall clinical excellence across a broad spectrum of care. Congratulations to all our physicians, nurses, and the entire clinical staff on this significant recognition.

The Distinguished Hospital Award is just one of several awards

St. Mary's has received recently. We also received an "A" grade for hospital safety from the Leapfrog Group and many recognitions from Healthgrades for several years in a row. Most recently, St. Mary's was recognized as one of America's Best Hospitals for stroke care, gastrointestinal care and general surgery.



Legacy Society Members Continue to Help Us Build a Strong Foundation

St. Mary's Medical Center Foundation gratefully received a number of generous bequests. We are blessed to add the following individuals to our St. Mary's Legacy Society: Alice Beckman, Stanley Joseph Bray, Gerald Conlon, Hilda Giovannetti, Helen Kuhn, Toby Kwang, Henry Maier, Florence Rial, Martha Suzuki and Madge Zimmerman. Their legacy gifts supported our Cardiology department, Cancer services, Mental Health services, and the Senior Fund. The great majority were unrestricted for use where the need was greatest.

We could never have imagined a gift the size we received from Martha Suzuki. Many of our Legacy Society members probably would never have imagined they could leave such a sizeable gift to St. Mary's Medical Center Foundation.

Your will and trust gives you the potential to do things that might not seem feasible during your lifetime. If you consider the possibilities, you can design a will that not only meets the needs of your loved ones, but also helps your favorite charity like St. Mary's Medical Center.

Catherine McAuley, the Foundress of the Sisters of Mercy, used an unexpected inheritance to build a house of mercy for women and children in Dublin, Ireland. She founded the Sisters of Mercy in 1831, and devoted her life to serving others and connecting people with resources to those in need. It was the Sisters of Mercy who founded St. Mary's Medical Center in 1857. Today, her legacy lives on here not only through the Sisters of Mercy, but also through the generosity of those who have included St. Mary's in their wills and trusts.

If you have considered including St. Mary's in your plans, please call Mary Poppingo, Manager of Planned Giving at (415) 750-8133. We would like to recognize and honor you today for this wonderful gift.

HOSPITAL HIGHLIGHTS

St. Mary's Orthopaedic Program Recognized for Excellence



St. Mary's Medical Center has been recognized as one of the top 100 hospitals in the nation with an outstanding orthopaedic program by Becker's Hospital Review. All hospitals included on this list have orthopaedic surgery departments, programs or dedicated centers that have earned considerable recognition.

St. Mary's orthopaedic department is comprised of practicing physicians, cutting-edge orthopaedic research and innovations, along with a training program for new generations of surgeons using state-of-the-art techniques. All these converge in our hospital, known for a superior standard of compassionate care.

St. Mary's Medical Center has pioneered orthopaedic care since it performed the first total hip replacement in California in the 1970's. Total joint replacement continues to be the cornerstone of high quality services St. Mary's provides, and today

surgeons continue to use the latest techniques, such as the anterior approach to hip replacement.

Also among the orthopaedic services offered at St. Mary's is the renowned Spine Center, the oldest continuously operating multidisciplinary spine center in the western United States. In 2005, top surgeons at St. Mary's invented the X-Stop implant for the treatment of spinal stenosis and are recognized year after year by Becker's Spine Review "Top Spine Surgeons to Know."

St. Mary's has also been recognized for rehabilitation programs, which include occupational therapy, outpatient therapy and the Acute Rehabilitation Center.

Only with the help of donors like you, have we been able to continue growing our hospital and expanding our departments. Thank you for your support.

The Foundation is raising funds to expand and advance orthopaedic education and research, as well as improve the orthopaedic operating rooms.

For more information and a tour of the facilities to see where your money is going, please call Margine Sako, 415-750-5790.

BECKER'S Hospital Review

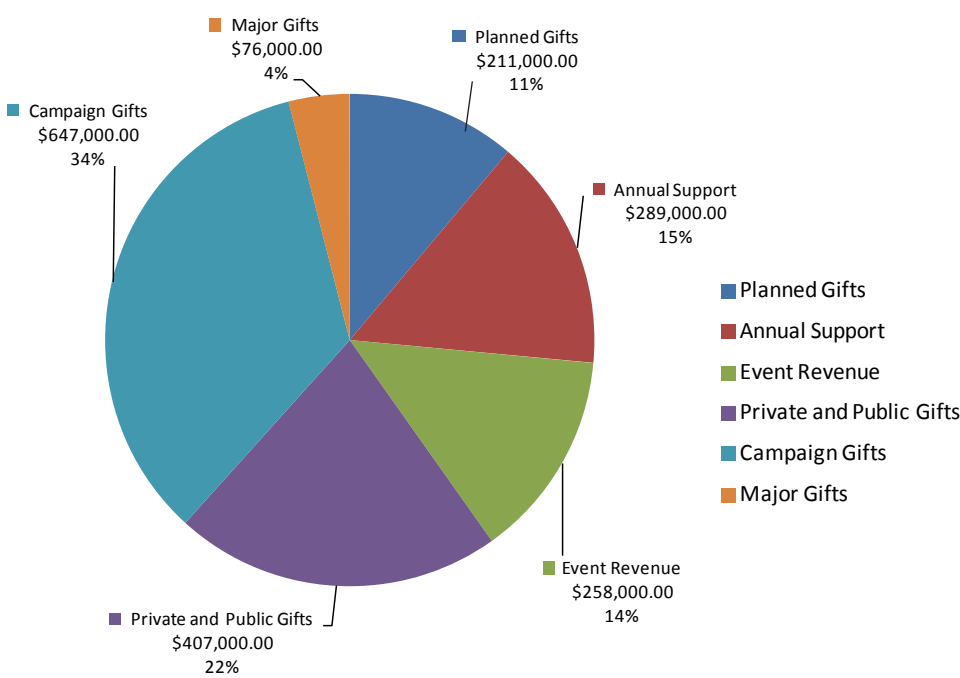
St. Mary's Has Been Named a Top 100 Hospital for Orthopedic Services

Congratulations to all of our orthopedic doctors and staff who have helped St. Mary's earn recognition as one of 100 hospitals in the nation with an **outstanding orthopedic program** by Becker's Hospital Review.

St. Mary's Medical Center continues to be a pioneer in offering exceptional orthopedic care.

FINANCIAL NEWS

INCOME SUMMARY FY 2013



FY 2013
Total Raised: \$1.887M
Total Transferred: \$1.524M

Highlights of Foundation Grants Administered

- In FY 2013, a majority of the capital transfers supported the Center for Women's Health with new machines, furnishings, and design of the center.
- Other highlights:
- Over \$500,000 to provide medical care to the sick and needy
 - Including \$400,000 for a new electronic medical records system for the Sister Mary Philippa Health Clinic
 - \$10,000 in food vouchers for the needy during the holiday season
 - Over \$100,000 for Orthopaedic research to track & improve surgical skills of ortho residents in core drilling and knee flexion goniometry
 - \$33,500 to fund therapy and educational materials for adolescent psychiatric treatment
 - \$10,000 to hire a music therapist
 - New art and drama therapy supplies
 - \$50,000 to upgrade the Emergency Room
 - Over \$11,000 in support of our medical interns
 - \$1,725 for patient wheelchairs
 - \$5,000 for two new recliners to benefit patients and families
- Because of many generous donors, the Foundation transferred a total of \$1.524M to the hospital.
- \$1.245M for operations
 - \$279K for capital improvements

With the help of so many grateful patients like you who are often very familiar with the departments funding needs through the strong relationship built with St. Mary's physicians and staff, much of the money transferred and used in FY 2013 went to purchase new medical equipment and contributed to much needed hospital improvements. Thank you for making all these improvements happen!

Clinic Receives an Electronic Upgrade!

In April of 2013, the Sister Mary Philippa Health Clinic “went live” with eClinicalWorks (eCW), an industry-leading Electronic Health Record (EHR) system, which was made possible with funding from St. Mary's Foundation.

The program has made a huge impact on the daily work for physicians, staff, and patients allowing for a more integrated system as well as a more complete patient record. With the new system, records that patients acquire from various hospital departments become integrated into one, so that whoever is assessing the patient can have a better understanding of their medical history. Information ranging from who their primary care physician is and what prescriptions are currently prescribed, to whether a patient needs translation services, are all in one place and easily accessible. This integrated form of data mining, allows easier management and faster service. The use of the Clinic EHR has obviated the use of manual charts and labor intensive review of clinical data.

This project has been one of the largest and most comprehensive system changes that Dignity Health



Sister Mary Philippa Clinic Staff

has implemented. The Clinic has become a leader in developing strategies and the execution of EHR systems among all clinics in the Dignity Health system. Training in the use of EHR was a huge undertaking and involved multiple training sessions for various groups of physician contractors, residents, nurses, medical assistants, interpreters, social workers and case managers.

The overall planning for the EHR migration was led by Dr. John Selle. A year-long planning process

involved Nurse Manager Mary Karr, Clinic Director Barry Lawlor and Medical Director Ingrid Block working with outside consultants to plan for the abstraction of over 3,000 patient charts and the development of work flows for every process with an EHR environment. The Clinic hired a full time Analyst – Rochelle Abbas – who manages the EHR and has been the architect of all customizations to suit the complex needs of an internal medicine and multi specialty clinic supported by residents and over 55 contract physicians.

Sister Mary Philippa Health Clinic is at the core of St. Mary's Medical Center's response to community needs. It provides a coordinated program of comprehensive outpatient health services. These services include a broad spectrum of care including, but not limited to, adult primary care, medical and surgical specialties, HIV care, social services, translation services, patient advocacy, diabetes education, nutrition, and pharmacy services. The Clinic serves a socially and ethnically diverse population of patients who are treated by attending physicians, residents, fellows, nurses and other staff.

A Year of Support

Fiscal Year 2013: July 1, 2012 - June 30, 2013 (Gift of \$250 and More)

Through the generous contributions from donors like you, we are able to continue building a future of compassionate healthcare for tomorrow. Thank you.

\$250,000 to above
Anonymous (2)

\$100,000 to \$249,000
Estate of Henry J. Maier
Metta Fund

\$25,000 to \$49,999
Komes Foundation
St. Mary's Medical
Center Auxiliary

Duggan's Serra
Mortuary
Mr. Gunnar Eggertson
Estate of Madge E.
Zimmerman
Estate of Thomas J.
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C. Timothy Floyd, M.D.
Dr. Richard Gerber
Law Firm of Adelson
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Mr. Paul Donaldson
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M.D.
Ms. Denise Nicco
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Onken

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Anonymous
Ms. Marybeth Barrett
Mr. and Mrs. Robert A.
Besozzi
Blakeslee Electric Inc.
Blue Angel Vodka
Dr. Douglas R. Bourgon
Mr. Franklin Bowles
Cahill Contractors Inc.
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Mrs. Josephine
Campbell
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San Francisco
Orthopaedic Surgeons
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Grace Caddies Spence,
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Dr. and Mrs. Michael
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Group
Alice Phelan Sullivan
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Brooker
Dr. Lawrence Cheung
and Dr. Angela Wong
Dr. and Mrs. David L.
Chittenden
Mr. and Mrs. Charles
Corsiglia
Disneyland Resort
Ms. Pansy S. Dong and
Family
Mr. and Mrs. Donald
Y. Endo
Mr. Anthony S. C. Eng
Estate of Helen Kuhn
ETC Building and
Design
Ms. Dora C. Fleming
Genentech Employee
Giving
Diana L. Hilbert, M.D.
Humanscale
Mr. James M. Illig and
Mr. Lawrence Dotz
Mr. Joseph Jedeikin
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Mercy Educational and
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Michael Merrill Design
Studio
Thomas P. Miles, M.D.
Mr. and Mrs. Richard C.
Morabito
Peking Handicraft, Inc.
The Honorable and
Mrs. Claude Perasso,
Sr.
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