



## St. Mary's Orthopaedic Program

*Excellence is found in tradition and experience, as well as new ideas and cutting edge research. As surgeons, educators, and researchers, we successfully blend practical application, exploration, and education to advance orthopaedic programs to a perfect balance --teaching the brightest residents, working in the best operating rooms, and having direct access to pertinent research. Patients of St. Mary's orthopaedics department benefit from our years of learning and the enthusiasm of fresh talent.*

- Look for our upcoming Orthopaedic issue of 450 Health featuring Foundation donor, Aggie Murch- coming soon!
- Have you seen St. Mary's new Orthopaedic campaign featured in the Examiner, SF Weekly, Marin I-J, neighborhood magazines, KNBR and more?



Orthopaedic Surgeons Dr. William McGann &  
Dr. Jennifer Van Warmerdam



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St. Mary's Medical Center

July 2013

# FOUNDATION connection



L to R: Dr. Richard Podolin; Dr. Francis Charlton, Jr.; Dr. Remo Morelli; Dr. Ken Mills; Dr. Charles Allison; Dr. William McGann

## Doctor's Day Celebration

Honoring St. Mary's Physicians

Every day, St. Mary's physicians save lives, keep us healthy, and care for us through some of the most difficult and emotional times. They are skilled healers and trusted patient advocates that continually provide high quality care. To celebrate Doctor's Day, St. Mary's Foundation has encouraged grateful patients to share their appreciation and good health by making a gift in his or her honor. Each physician honored receives a Doctors' Day letter acknowledging grateful patients' support, along with a personal note. Among our medical staff of over 600 physicians, 185 have been honored

in the past five years totaling 1,250 gifts and raising over \$120,000 for St. Mary's.

This year, to give special recognition to our St. Mary's physicians and thank our generous donors, the Foundation held its first annual Doctor's Day Celebration on June 5th to commemorate our five years of donations and acknowledgements. Almost 100 guests were in attendance as physicians and patients were able to come together outside of the usual doctor's office. Posters around the room listed the names of those honored with special acknowledgements to Dr. Charles P. Allison, Dr. William McGann,

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## St. Mary's Auxiliary Annual Benefit Drawing

The St. Mary's Auxiliary has launched their annual benefit drawing and directing their proceeds to the Sister Diane Grassilli Center for Women's Health. Each year the drawing benefits a program or new service at St. Mary's Medical Center. Last year the Auxiliary was able to support Phase I of this project and there is more to do to provide the best technology and environment for our patients. So they again have selected this project.

You can support this vital new addition to our hospital by giving today. A donation of \$20 per ticket or \$50 for three tickets is suggested. Each month a drawing winner is selected and he or she will win \$100. If you would like to support this effort please call (415) 750-5790 to request a ticket.



Auxiliary members, Joan Bertaini, Mary Perata, Eva Perata and Jane Cunningham take a bow at the most recent Women's Center event acknowledging their long time support of St. Mary's.

## St. Mary's Gift Shop



Did you know that all of the proceeds that the St. Mary's Gift Shop makes go directly back to St. Mary's Medical Center for improved care and new services for our patients? All of the staff in the Gift Shop volunteer hundreds of hours each year to make this possible. Next time you are at the hospital and need a card, scarf, plant, small gift or just a candy bar, know that you are supporting St. Mary's and helping us provide the best healthcare environment for our community.

## Win a trip to Hawaii!



Keep an eye out for our yearly raffle coming out soon. All proceeds will benefit St. Mary's Medical Center, Foundation.

*St. Mary's Medical Center Foundation respects your privacy. If you prefer no further communications from us, please contact us by any one of the following options: 415-750-5790, 450 Stanyan Street, San Francisco, CA 94117, email to [stmarysfoundation@dignityhealth.org](mailto:stmarysfoundation@dignityhealth.org), or visit our website at [www.supportstmaryssf.org](http://www.supportstmaryssf.org). Please provide your full name and address, understand that it may take up to 30 days to process your request.*

## The San Francisco Olympic Club & St. Mary's Foundation A Productive and Powerful Partnership – Monday, August 26th



For 34 years, the Olympic Club has chosen St. Mary's to receive exclusive access for a day of golf and charity. Golfers, grateful patients, physicians, and employees have raised over \$4 million in support of care for the sick and needy. A magnificent achievement!

Dr. Robert Murray and our hard-working Golf Tournament Committee have exceeded all expectations to create an unforgettable day on the legendary Lake Course, newly renovated Ocean Course, and the Cliffs, one of the most beautiful 9-hole courses. We thank the members: Robert Besozzi, Dr. Robert Deitz, Dub Dorsett, Don Endo, Lee Hammer, Sr. Mary Kilgariff, Dr. Gene Kim, Dr. Kevin Man, Patrick McKenna, Scott Montgomery, Herb Myers, Mary Rotunno, Sal Vac-

caro, and Chris Young.

Major Platinum contributors Blue Angel Vodka, Coup D-Etat, and Arroyo Grande Community Hospital Foundation are leading our ten Gold Sponsors and numerous other generous supporters.

One of the highlights is the hole-in-one sponsored by British Motor Car Distributors of SF. Several years ago, a member of the Brian Murphy-Lee Hammer-KNBR team scored a hole-in-one on Lake #3 and won a new Range Rover. This year a lucky player can win a 2014 Jaguar F-Type Convertible by following in KNBR's footsteps and making that once in a lifetime shot.

Sister Mary will again be enticing golfers to wager on the Vegas Hole. She cajoles them into betting that their ball will make onto the green, and when they win, she becomes the immovable object... with the Sr. Mary Philippa Clinic as the beneficiary, very few have loosened her grip on their winnings. She raises close to \$1,000 in one day, a tidy sum for her favorite charity!

This year's invitation is on our website with full details on the upcoming August 26th tournament. We hope you will join us for extraordinary golf in support of health and healing.

For more information, all of the details are now on our website at [supportstmaryssf.org](http://supportstmaryssf.org).

## 34th Annual Golf Classic

Monday, August 26, 2013

[supportstmaryssf.org](http://supportstmaryssf.org)



## Doctor's Day Celebration *continued from pg 1*

Dr. Gerald Murphy, Dr. Richard Podolin, and Dr. John I. Umekubo for making the honor roll.

The program began with a warm welcome and introduction from hospital president, Anna Cheung. Dr. Robert Podolin led the ceremony and introduced friend and patient of St. Mary's, Robert Sarlatte. Sarlatte spoke about why St. Mary's was unique to him- from being born in the facility to being close friends with Dr. Francis Charlton, Jr.; and even joked about being seen by and operated on by nearly all of the physicians listed on the posters. However, all jokes aside, his message was clear- he is and always will be grateful for the physicians that give him personalized care and compassion.

To close the program, the announcement of the top three physicians was announced (in order) Dr. Remo Morelli, Dr. Francis Charlton, and Dr. Ken Mills. Since 2009, all three physicians received the most recognition from patients and remained at the top of the list for the past five years. All three were presented with a special gift from the Foundation and spoke about their practices and their appreciation for having such wonderful patients.

Through the outpouring support from donors, it is obvious the impact physicians have made in the lives of their patients. Many heartfelt words were expressed in person as patients stated their gratefulness for their physicians. One stated, "Not only are they great healers, they are great people. Without them I would not have been able to keep my spirits high for not only me, but my family as well. For this, I will be eternally

grateful." With kind words such as these, we were able to acknowledge our physicians for their exceptional care and compassion.



Dr. Remo Morelli and Phyllis Charlton

During the celebration, among physicians and patients alike, it could be heard and seen that St. Mary's has a special place in their hearts with patients thankful for their physicians and physicians grateful for their patients. Everyone was proud to be a part of this touching celebration.

## Clearing the Clutter and Organizing Important Documents in One Place



Spring and summer are always good times to clear out what you are no longer using, file what has been collecting dust on your desk the past months, and put order to places like home offices, closets and garages. But so often we do not include our "Life Documents" that are essential to keep in order and updated. Consider a binder that is placed in a locked filing cabinet or one drawer in your desk to collect and keep these important materials. If some of these documents are kept in a safe-deposit box, leave a note stating this should someone need to find them when you are not able to get to them.

### The Essentials

- Will
- Letter of Instructions and Important phone numbers (attorney, etc.)
- Trust Documents
- Financial Power of Attorney

### Birth, Marriage, and Divorce

- Birth Certificate
- Marriage license
- Divorce papers
- Military Documents

### Health-Care Related

- Personal and Family Medical History
- Durable Health-Care Power of Attorney
- Advance Directive
- Authorization to release Health-Care Information
- Living Will
- Physician Orders for Life-Sustaining Treatment (POLST) also referred to as a Do-Not-Resuscitate Order

### Proof of Ownership

- Housing, Land and Cemetery Deeds
- Escrow Mortgage Accounts
- Proof of Loans made and Debts Owned
- Vehicle Titles
- Stock Certificates, Savings Bonds

### and Brokerage Accounts

- Partnership and corporate operating agreements
- Tax Returns

### Life Insurance and Retirement

- Life-Insurance Policies
- IRA – Individuals Retirement Accounts
- 401(k) Accounts
- Pension Documents
- Annuity Contracts

### Bank Accounts/ Social Media

- List of Bank Accounts
- List of all user names and passwords
- List of Safe-Deposit Boxes